

TRACEY L. PITTMAN, PTA

BIOGRAPHY

EDUCATION

Tracey graduated from the St. Philip's College Physical Therapist Assistant program, which was awarded exemplary status by the State of Texas in 2008. She was a recipient of the Texas Physical Therapy Association Central District scholarship, the Robert B. Taylor Award and the Baptist Health Foundation of San Antonio scholarship. Tracey was also an Honor Graduate at the Academy for Massage Therapy, finishing at the top of her class. In addition to Tracey's education credentials in Physical and Massage Therapies, she holds a Bachelor of Science Degree from The University of Texas at Austin and a Master of Science Degree in Sport Management from West Virginia University.

PHYSICAL THERAPY

Tracey has experience working in Rehabilitation, Orthopedic, Long Term Acute Care and Inpatient settings – including Geriatric populations with Neurological disorders. Tracey also has experience training and working with athletes in resolving various sports injuries and returning to play. She has worked as a Physical and Occupational Therapy Technician for Baptist Medical Center, Texas Specialty Rehabilitation Hospital and HealthSouth RIOSA.

ATHLETICS

Tracey was a stellar, multi-sport athlete at East Central High School in San Antonio. She continued her athletic career as a track and field high jumper at The University of Texas at Austin. She has trained male and female athletes collegiately and at the high school and youth club levels. Many of Tracey's athletes have qualified for Conference and NCAA championships. Tracey served as the Operations Assistant for the Olympic Trials for the United States governing body for track and field. Her duties involved assisting with logistics and organization of qualifying events for the 1996 Olympic Games in Atlanta, GA. Tracey was also an Assistant Coach at the University of Iowa and West Virginia University. Tracey holds the rank of 6th KYU Purple in Tae Kwon Do and practices Kempo.

MASSAGE THERAPY

Tracey is a Registered Massage Therapist and is experienced in several massage therapy techniques including Swedish, Sports, Pain Release with Active Isolated Stretching/Range of Motion, Deep Tissue, Trigger Point and Relaxation. Several of her clients are professional athletes with the NBA, WNBA, NFL, and entertainers with the WWE. Tracey has also worked as a massage therapist for the Methodist Healthcare Women's Center and the Hyatt Regency Hill Country Resort/Spa.

AFFILIATIONS

In addition to licensure as a Physical Therapist Assistant, Tracey maintains a registration in Massage Therapy in the state of Texas. She is also a member of several professional associations.

- **Texas Board of Physical Therapy Examiners, Licensed Physical Therapist Assistant**
- **American Physical Therapy Association, Member**
- **Texas Physical Therapy Association, Member**
- **Texas State Board Certified, Massage Therapist**
- **American Heart Association, Health Care Provider - CPR**